



Danesh Dermatology

Pre-Laser Hair Removal

Instructions

- Hair must be cleanly shaven prior to your appointment (except for the face)
- No waxing, plucking or tweezing body hair during the entire course of treatment
 - For facial hair, waxing, plucking or tweezing may be done for 1 week after the treatment, but not before
- Avoid skin irritants a few days before and after treatment
 - Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc. should be avoided
- Avoid treatments that may irritate the skin for 3 days prior to your appointment (depilatories, harsh chemicals, chemical peels and lasers)
- No sun-tanning or self-tanners 4 weeks prior to treatment
 - Includes spray tans, tanning lotions, tanning beds & sun exposure
- Do not wear makeup on the treated area for 1 hour after treatment
- History of herpes or cold sores may require an anti-viral prescription prior to treatment
- Notify us of any changes to your health history or medications since your last appointment, including pregnancy